

Saint Louis Area Bereavement Support Groups and Resources

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Central Saint Louis			
Group Name	Location	Meeting Day/Time	Contact
Mercy Hospice Bereavement Program: Support Group Pre-Registration is requested	Mercy Hospice Office 2 nd Floor Suite 200 B 1000 Des Peres Rd Des Peres, MO 63131	Continuous group on the 2 nd and 4 th Mondays of each month from 10-11:30 am Call for evening schedule and 6 - week Educational Series	Contact Person: Dawn Edwards 314-729-4419 Ann Froneck O'Connell 314-729-4417
St. Louis Widowed Social Group	Manchester Methodist Church 129 Woods Mill Rd Manchester, MO 63011	3 rd Tuesday of each month 5:30 pm	Contact Person: Dottyie Duba (636)-394-2521
	Garden of Life Spiritual Center 9925 Eddie and Park Rd St. Louis, MO 63126	1 st Tuesday of each month 5:30 pm	Contact Person: Dottyie Duba (636)-394-2521
St. Louis Widowed Social Group: Men's Luncheon	Uncle Bill's 14196 Manchester Rd. Ballwin, MO	2 nd and 4 th Thursday of each month, 11:15am	Bob Koop (314) 878-1459
St. Louis Widowed Social Group: Ladies Luncheon	Kirkwood Brewing Station 105 E. Jefferson Kirkwood, MO 63122	4 th Thursday of each month 11:00 am – 3:00 pm	Dottyie Duba (636)-394-2521
St. Louis Widowed Social Group Game Night	Kirkwood United Methodist Church 201 West Adams Kirkwood, MO 63122	2 nd & 4 th Saturday Open at 4:30 pm	Dottyie Duba (636)-394-2521
St. Louis Widowed Social Group Person Service	Ms. Sheri's 9967 Manchester Rd St. Louis, MO	2 nd Thursday 5:00 pm	Dottyie Duba (636)-394-2521
Grief Support Group (Bethesda Hospice Care)	Mary Queen of Peace 676 W Lockwood St. Louis, MO 63119 (back of church)	3 rd Monday of each month Adult 6 week group offered Quarterly—call for details	Leslie Schaffer 314-373-7025

Cancer Bereavement Support Group	Cancer Support Community of Greater St. Louis 1058 Old Des. Peres Rd. Saint Louis, MO 63131	Call for more information	Renata Sledge (314) 238-2000
Heartland Hospice Grief Support Group	12101 Woodcrest Exec. Dr. Ste. 102 St. Louis, MO 63141	Quarterly Sessions Please call for dates or specialty programming	Jill or Hillary Bereavement Department for Support Group information: (314) 453-0990
Coping with Loss Grief Support Group	Pathways Hospice & Palliative Care 14805 N. Outer 40 Rd. Chesterfield, MO 63017	1 st and 3 rd Monday 1 – 2:30 pm	Kathy Myers – (636) 733-7399 Linda P.J.– (636) 733-7399
Bereaved Parents of the USA Self Help Organization offering friendship and understanding to bereaved parents, families and friends experiencing the death of a child.	Chapters held at various locations in Missouri		St Louis contact Pat Dodd 314) 575-4178
Bereaved Parents of the USA	Congregation Shaaree Emeth 11645 Ladue Rd St. Louis, MO 63141	4 th Tuesday of the month 7:00 pm	Jaque Glaeser 636-394-3122
Sharing Loss Through Bereavement	Kirkwood United Methodist Church 201 W. Adams (Conference Room) Kirkwood, MO 63122	Newly Widowed - 1 st and 3 rd Sunday 1:30pm-3pm (up to 2 yrs after death)	Anne Stuckel 314-625-4036
Threshold Widow and Widowers Group (ages 30-60)	Trinity Presbyterian Church 6800 Washington Ave. 63130	Call for meeting places, days and times	Sandy Dillon 314-953-1683
AARP Grief and Loss	Miss Sheri's Cafeteria 9967 Manchester Rd. Rock Hill, MO	2 nd Thursday of each month 5pm-8pm	Dotty Duba (636) 394-2521

Compassus Hospice	Call for locations	Please call for details.	St Louis 314-592-3670
Healing Hearts Grief Support	Kirkwood Baptist Church 211 N Woodlawn Ave Kirkwood, MO 63122	Family Program-every other Mon. 6:30-8:00pm Spouse Loss- Tues & Thurs 11:00 -12:30 pm Parent loss or Mixed Group - Tues. 5:30 – 7:00 pm	Mary Schrader 314-810-4055
Wife-Widow-Woman Support Group	295 N. Lindbergh St. Louis, MO 63141	Call for upcoming dates and times	Contact: Heather Silverman 314-993-5181
St. Louis, MO GRASP Chapter (losses due to substance use)	Concordia Lutheran Church 595 South Kirkwood Rd Kirkwood, MO. 63122	Meetings are 5PM every Sunday Please call to pre-register	Mary Ann Lemonds 314-330-7586 www.grasp.stl

North St. Louis			
Group Name	Location	Meeting Day/Time	Contact
Grief and Loss	Maryland Heights Community Center 2300 McKelvey Rd Maryland Heights, MO 63043	3 rd Tuesday of each month, 11:30-1pm	David Boyle, Chaplain (314) 344-6873 Mary Serbi (314) 434-0354
GriefShare	Chapel of the Cross Lutheran Church 11645 Benhna Rd St. Louis, MO 63136	Tuesday afternoon Thursday evening Call for times	David Funke (314) 741-3737 ext 107

South St. Louis			
Group Name	Location	Meeting Day/Time	Contact
St. Anthony's Support Group: Newly Bereaved	St. Anthony's Hospice 10016 Kennerly Rd. St. Louis, MO 63128 Meet in deGreeff Hospice House	1 st and 3 rd Tuesday of each month, 10-11:30 am	Suzanne Schmidt MSW, LCSW 314-543-6873
St. Anthony's Support Group: Open Grief Support	St. Anthony's Hospice 10016 Kennerly Rd. St. Louis, MO 63128 Meet in deGreeff Hospice House	2nd and 4th Wednesday of the month, 1-2:30pm OR 1st and 3rd Wednesday of the month, 6:30-8pm	Dawn Schulte, LMSW 314-525-7314 (afternoons) or Pat Bull 314-543-6872 (evening group)
Life After Losses (loss due to heroin)	SSM St. Clare Healthcare Center 1015 Bowles Avenue Conference Center Fenton, MO 63026	1 st Monday of each month 7:00-8:30 p.m.	Contact: Lou Hecht , Robyn Hecht http://www.stopheroin.org/life-after-loss.html).

Franklin County			
Group Name	Location	Meeting Day/Time	Contact
Compassus Hospice	1381 High Street Suite 211 Washington, MO 63090	Every Tuesday at 9:30 am	Kristen Flesschman 636-392-5113
GriefShare	1 st Christian Church 6890 Hwy 100 Washington, MO 63090	Every Wednesday – 10:00 am depending on need and 6:30pm Wednesday	Dottie or Dave Smith (636) 239-7560 Jim and Judy Weiser (636)390-0689
Heartland Hospice	615 Franklin Ave. Washington, MO 63090	4 week program offered quarterly – call for details	Washington Hospice office – Katherine Savage - (636) 390-4723 St. Louis office – (314) 453-0990
Mercy Grief Support Group Open to the public Washington, MO	Mercy Hospital, 851 E 5 th St Washington, MO	Call for information	Jill Baechle 636-239-8849

Jefferson County			
Group Name	Location	Meeting Day/Time	Contact
GriefShare	First Baptist Church of Arnold 2012 Missouri State Rd. Arnold, MO 63010	13 week sessions, begin at various times throughout the year on Wednesdays at 6:30pm	
Mercy Hospital & Hospice Grief Support Groups – all open to public	Mercy Hospice #5 Industrial Drive Festus, MO 63028	2 nd Monday Each Month 10:00 am	Patricia Courtois 636-933-5799
Chapel Hill Mortuary Parent Support Group	NW Jefferson County Library High Ridge Blvd High Ridge, MO 63049	Bereaved Parents Group – 1 st Tuesday each month at 7pm	Contact Kayla at Chapel Hill (636) 274-4100
Chapel Hill Mortuary Widowed Support Group	NW Jefferson County Library High Ridge Blvd High Ridge, MO 63049	For those coping w/loss of spouse – 3 rd Tues each month at 7 p.m.	Contact Kayla at Chapel Hill (636) 274-4100
Chapel Hill Mortuary Lunch Bunch 636-274-4100	Peggs Restaurant on the Blvd 1001 Crossroads Plaza High Ridge, MO 63049	Social Group for widows/widowers - 2 nd Wed of each month at 11:00 a.m.	Contact Kayla at Chapel Hill (636) 274-4100
Support Group for all Faiths	Immaculate Conception Parish Center 2300 Church Rd. Arnold, MO 63010	3rd Monday of each month 7-8:30pm	Mary Taylor 314-401-9114 Barb O’Neil 636-282-9643
Alzheimer’s and related Disorders Support group	Crystal Oaks Nursing Center 1500 Calvary Church Rd. Crystal City, MO 63019	1st Wednesday of each month, 3-4:30pm	Mishelle Rolfi (636) 933-1818 or (636) 933-2927
Community Grief Support Group	Heart of the Apostle Fellowship 1328 Commercial Dr. Herculaneum, MO 63045	1 st and 34d Monday of each month at 1:00 pm	Dennis Heck 636-208-2162

St. Charles County			
Group Name	Location	Meeting Day/Time	Contact
Heartland Home Health Care and Hospice Grief Support group	1097 Wentzville Parkway Wentzville, MO 63385	6 week support groups quarterly (Call for details)	Mary Thompson (636) 327-4018
SSM Hospice	2 Harbor Bend Court, Lake St. Louis, MO 63367	5 week support group offered in Spring and Fall – Call for Details	Kayla Nuby Bereavement Coordinator (636) 695-2054
St. Joseph Catholic Church Seasons of Hope Community Grief Support Group	1355 Motherhead St. Charles, MO 63304	6 week seminars Saturdays 10 a.m. – 12 p.m. Call for date of seminars	Kathy Merrell 636-441-0569
C.A.L.L. (Caring and Living Life) (Baue Funeral Homes)	St. John United Church of Christ 405 South 5th St. St. Charles, MO 63301	Widows and widowers social group, meets 1st and 3rd Tuesday of every month at 7pm	Chairman: Darlene Harkins (636) 946-9144
Chapel of the Cross Lutheran Church – Grief Comfort Group	907 Jungermann Road St. Peters, MO 63376	2 nd Thursday of month 1:00pm	(636) 928-5885
St. Cletus Catholic Church Stephen Ministry (individual confidential care giving)	2705 Zumbahl Road St. Charles, MO 63301	Call for appointment	Contact: Sue 636 255 1739
St Patrick’s Catholic Church	Rectory Basement 405 South Church St. Wentzville, MO 63385	7 week program offered twice each year, meets Thursday evenings at 7:00 pm. Call for information	Connie Hairopoulos 314-566-5469 or 636-332-9225 (parish office)

Calvary Church Grief Share	3998 Mid Rivers Mall Dr. St. Peters, MO 63376	13 week -Spring and Fall 6:00-8:00pm Mondays \$15.00	Mark Mehlig (636) 939-4343
St. Joachim and Ann Catholic Church	4112 McClay Rd. St. Charles, MO 63304	Spring and Fall Support Groups More info on website: www.stsja.org	Jim or Jeanne Potts 636-939-3428
Paul Funeral Home New Beginnings	Ginghams 1881 Sherman Dr. St. Charles, MO 63303	Tuesdays at 8:30am	Bryan Paul (636) 724-0283
Portals Group for Loss of Life Partners (BJC Hospice)	Christ Church 6930 Mexico Road St. Peters, MO 63376	Call for times	314-953-1676
Baue Funeral Home Family and Community Center Young Widows Group, Adult Survivors of Suicide Group, Grief Education Classes, Pet Loss	608 Jefferson St. St. Charles, MO 63301	Call for Details or go to www.baue.com	Kelly Karavousanos (636) 328-0878
Bereaved Parents of the USA	5701 Hwy N Cottleville, MO 63304	1st Thursday of the month 7:00 pm	Mike & Jean Francisco 636-947-9403
Grief Share (sponsored by Nurses & Co.)	Lake St. Louis, MO 63067	1st & 3rd Monday of month 3:00-5:00 pm	Eric Baile (636)-926-3722
Grief Share (sponsored by Nurses & Co.)	St. Peters, MO63076	2nd and 4th Monday of month 6:00-8L00 pm	Eric Baile (636)-926-3722
Life After Loss (loss due to heroin)	Barnes Jewish St. Peters Hospital Medical Office Building #1 6 Jungermann Circle, Suite 212 St. Peters, MO 63376	3rd Monday of each month 7:00 – 8:30 p.m.	Contact: Gee Vigna http://www.stophero.org/life-after-loss.html).

Lincoln and Pike County			
Group Name	Location	Meeting Day/Time	Contact
Bereaved Parents USA	1302 Boone St. Troy, MO 63379	2 nd change Tuesday to Thursday of month at 7pm	Cindy Morris (636) 462-9961
McCoy & Blossom Funeral Home	1304 Boone St. Troy, MO 63379	2 nd Monday of the month 6:30-8:00 pm	Alicia Blossom-Payne 636-528-8244 Mccoyblossomfh.com
Bereaved Parents USA	Change to Super 8 Motel 1216 E. Champ Clark Rd Bowling Green, MO 63334	3 rd Thursday of the month at 7 pm	Bill and Vicki Lageman (573) 242-3632

Warren County			
Group Name	Location	Meeting Day/Time	Contact
Grief Education	Martin Funeral Homes 510 E. Booneslick Warrenton, MO 63383	1 st Thursday of each month, 6-7:30pm	Fran M. Spous (636) 456-3316

St. Francois County			
Group Name	Location	Meeting Day/Time	Contact
New Beginnings: Grief and Loss	Belgrade Bank in Desloge	Wednesdays, 10-11:30am	Kathy Grogan (573) 760-3609

Illinois

Group Name	Location	Meeting Day/Time	Contact
Starting Over	Our Lady of the Snows 442 South Demazenod Belleville, IL 62223	Meet in Spring and fall, 6 week sessions on Sundays from 2-4pm	Fran Caldwell-West 618-632-3899
VITAS Health Care	8 Executive Dr. Suite 150 Fairview Heights, IL 62208	6 week session-Fall & Spring Call for information Monthly ongoing support group meets 2 nd of month 3	Debbie Pazderka 618-622-9073 or 618-624-1601 Deborah.Pazderka@vitas.com Myra Gummersheimer 618-622-9073
Heartlinks Grief Center	At Family Hospice 5110 West Main St. Belleville, IL	Ongoing groups meet on the 1 st Mon of each month at 6:30 pm	Diana Cuddeback 618-277-1800

**Parent Support Groups
Illinois**

Group Name	Location	Meeting Day/Time	Contact
Aching Arms (Parents who have lost a child of any age)	Family Hospice of Belleville 5110 W. Main St. Belleville, IL 62226	1 st Monday of each month, 6:30pm	Diana Cuddeback 618-277-1800
BJC Hospice: Weavings Retreat (mothers who have lost a child) Daybreak Retreat (couples who have lost a child)	Call for details	Call details	Andrea Tritinger 314-953-1676
Bereaved Parents of the USA (parents who have lost a child of any age)	Many locations and times in the area, see website for more details	Many locations and times in the area, see website for more details	www.Bpusastl.org
Mercy Heartprints (parents who have lost a baby)	Mercy Medical Center 615 S. New Ballas Creve Coeur, MO 63140 (in the cafeteria classroom)	2 nd Wednesday of each month, 7pm	Maggie Loyet (314) 251-6878
Parents of Murdered Children	St. Alexius Hospital 3933 S. Broadway St. Louis, MO 63118	3 rd Tuesday of each month, 7:30 pm in Peterson Hall	St Alexius 314-865-7000
SHARE –Pregnancy & Infant Loss Support	Many locations in the St. Louis area, go to website or call for more information about specific locations.	Meeting days and times vary from location and types of group, see website or call for more specific information.	National Share Office Debra Cozhran 636-947-6164 http://www.nationalshare.org/
Infant Loss Resources Support for parents and grandparents	1120 S. 6 th St., Suite 100 St. Louis, MO 63104	Monthly meetings - Please call for specific dates and times	Dawn Casey 314-241-SIDS (7437)

Grief Support Groups for Children

Group Name	Location	Meeting Day/Time	Contact
Annie's Hope	1333 W. Lockwood Ste. 104 Glendale, MO 63122	Multiple Services for children ages 3-18 - Call for details- Must complete app	(314) 965-5015 www.annieshope.org
Continuing Care and Support Programs	Baue Funeral Home 620 Jefferson St. Charles, MO 63301	6 week support groups – Call for information	Kelly Karavousanos (636) 328-0878 www.Baue.com
Stepping Stones Grief Camp	1935 Bettway Dr St. Louis, MO 63114	Bereavement camp for children ages 6-12 – held at Camp Wyman; Eureka, MO	Andrea Tritinger 314-953-1682 BJC
Labyrinth Teen Retreat	1935 Bettway Dr St. Louis, MO 63114	Teen Retreat for ages 13-19 – held at Camp Wyman; Eureka, MO	Andrea Tritinger 314-953-1682 BJC
Healing Hearts Grief Support Groups Family Program	Kirkwood Baptist Church 211 N Woodlawn Ave, Kirkwood, MO 63122	Every other Monday 6:30-8:00 pm	Mary Schrader (314) 810-4055
The Kids' Clubhouse	320 Forsyth Blvd., Clayton, MO 63105 & 427 Spencer Road, St. Peters, MO	Call for times & interview Fall & Spring	Lisa Motolla Ernst
Heartlinks Grief Support –ongoing groups- from Preschool thru High School	5110 West Main St Belleville, IL 62226	Ongoing groups meet the 1 st Mon of each month at 6:30 pm All groups occur concurrently	Jody Flesner or Diana Cuddleback 618-277-1800 http://www.myheartlinks.com email: info@myheartlinks.com
Carter's Clubhouse (ages 4-18)	Park Hills, MO 63601	1 st Monday of each month 6-30-8:00 pm	Gayla Sisk 573-701-2504
Camp Magic (age 6-12) SSM Healthcare	#2 Harbor Bend Ct. Lake St. Louis, MO 63367	One day camp for children ages 6-12 at Purina Farms	Kayla Nuby SSM Healthcare (636) 695-2054

Grief Counselors: St. Louis City			
Group Name	Location	Information	Contact
Jeff Piper	Supportive Counseling/Insight Oriented Psychotherapy 130 S. Bemiston Clayton, MO 63105	Specialty: Grief, Anger, Anxiety, and Depression	(314) 361-5983
Provident Counseling	2650 Olive St. St. Louis, MO 63103	Sliding Scale Fees	(314) 533-8200
Center for Counseling and Family Therapy	3700 Lindell Blvd. Morrisey Hall 1100 St. Louis, MO 63108	Sliding Scale Fees	Kristin McDaniel (314) 977-2505
Petra Blum	1715 Deer Tracks Trail St. Louis, MO 63131	\$110 per session 18 years of experience; specializes in grief, anxiety, depression, trauma, sexual abuse, and family relationships	(314) 503-3001

Grief Counselors: Central County			
Group Name	Location	Information	Contact
Tina Dale, LCSW	8420 Delmar Blvd., Ste. 200 St. Louis, MO 63124	Works with children and teens. Sliding scale fees. Faith based. Specializes in anxiety, children, and PTSD.	(314) 477-8751
Maria Carella, LPC	Home Office	Works with children and teens. Specializes in play therapy, sand tray therapy and illness.	(314) 504-3704
Robert L. Lewis, Ph. D.	7730 Carondelet Ave. Ste. 307 Clayton, MO 63105	Works with teens, and adults. Specializes in anticipatory, complicated grief and loss. Private pay only.	(314) 721-7201 x4
Dorothy Becvar, Ph. D.	7349 Dale Ave. St. Louis, MO 63116 7	Works with individuals, couples, & families	(314) 645-6358 x2
Tamara Blum MSW	3510 Giles St. Louis, MO 63116	Works with children, teens, and adults. Sliding scale fees.	(314) 443-8745
Michelle Salois, LCSW, RN Mercy Professional Services	8420 Delmar Blvd. Ste. 209 St. Louis, MO	Works with teens, adults, and couples. Sliding scale fees.	(314) 993-8818
Denise Thurmond	8420 Delmar Blvd. Ste. 209 St. Louis, MO 63124	Specializes in terminal illness/cancer/ALS	(314) 993-7177
Life Crisis Services	St. Louis Area	24 hour crisis line	(314) 647-4357 Spanish line: 1-888-628-9454
Margo Lucido, PLPC	737 Dunn Rd. Hazelwood, MO 63042	Professional counseling specializing in grief and loss.	(314) 368-1397 margolucido@yahoo.com
Mental Health America of Eastern Missouri	1905 S. Grand Blvd. St. Louis, MO 63104	Information and Referral	(314) 773-1399

Haelan Center	7349 Dale Ave. Richmond Heights, MO 63117	Counseling & Education with focus on death, dying, and bereavement & life threatening illness Sliding scale	Dorothy Bevcar (314) 645-6358
Lisa Wagner-Daegling, M.Ed., LPC in counseling	111 Prospect Ave. Suite 203D Kirkwood, MO 63122	Specializes in grief, loss, and trauma Sliding fee	(636) 346-4733
Sally J. Riggs, LCSW	325 N. Kirkwood Rd. Suite #102 Kirkwood, MO 63122	Works with adults and teens. Grief support & Anticipatory grief support, Care giver support Private pay	(314) 223-9664
Rebecca Mowen, LCSW	13610 Barnett Dr Suite 104 Ballwin, MO 63021	Works with individuals and families, specializes in loss due to substance abuse and suicide Private pay/sliding scale	314-439-4274

Grief Counselors: West County			
Group Name	Location	Information	Contact
Kathy Guerra	11715 Administration Dr St. Louis MO 63146	Specializes in adolescents, family relationships and women's issues, \$125/session; Reduced fee services available	(314) 560- 5567 KathyGuerratherapy.com
Care and Counseling	12141 Ladue Rd St. Louis MO 63141	Accepts most insurance Sliding scale for low income	(314) 878-4340
Hope Crossing	1224 Keifer Creek Ballwin MO 63021	Works with children, adults, teens, and couples. Sliding scale fees. Faith based	(314) 983-9300
Creve Coeur Community Counseling	Creve Coeur Counseling Assoc. 10176 Corporate Square Dr., #100S Creve Coeur, MO 63132	Low cost counseling services \$15 per session	(314) 991-0100
Alynn McManus, MSW, LCSW	677 N. New Ballas, Ste. 208 St. Louis, MO 63141	Works with adults, trauma; Not accepting new patients at this time	(314) 432-1056 x2
Susan Robson, MSW, LCSW	121 Old Meramec Station Rd. Ste. 202 St. Louis, MO 63021	Works with children and teens. Sliding scale fees. Specializes in family therapy.	(636) 552-9159
Barb Weber, MSW, LCSW Mercy Clinic	Mercy Health Center 621 New Ballas Rd. Ste. 6009B St. Louis, MO 63141	Takes Medicare, Medicaid, Mercy and other insurance. Specializes in illness, grief, and loss.	(314) 251-4689

Grief Counselors: Franklin County			
Group Name	Location	Information	Contact
Embracing Change, Inc.	426 East 5 th St. Washington, MO 63090	Counseling	Holly Stratton Schmitt, MSW, , LCSW (636) 239-1117

Grief Counselors: Jefferson County			
Group Name	Location	Information	Contact
COMTREA	227 Main Festus, MO 63028	Works with children, teens, adults	(636) 931-2700
Joan Brady	1331 Jeffco Blvd. Arnold, MO 63010	Works with children, teens, adults, and couples.	(314) 550-6097

Grief Counselors: Illinois			
Group Name	Location	Information	Contact
Diane Cutteback, MSW	Belleville, IL	Works with Children and teens	http://familyhospice.org/web/index.html

Grief Counselors: St. Charles County			
Group Name	Location	Information	Contact
Lesa Bergman, MA, LPC	1000 Edgewater Point, Ste. 304 Lake St. Louis, MO 63367	Specializes in grief, substance abuse and trauma	(636) 699-2165
Linda R. Partidge, Ph. D.	120-D O'Fallon Plaza O'Fallon, MO 63366		(636) 240-2240
Holly Carson	316 South 2 nd St. St. Charles, MO 63301	Specializes in work with children, adolescents, and adults, provides life coaching.	(636) 887-6289
Gayle Horn, LPC Psychological Network	58 Port West Court St. Charles, MO 63303		(636) 916-5800
Catholic Family Services	311 S. Main Suite #100 O'Fallon, MO 63366	Services for all ages available, Sliding scale fee	(636) 281.1990
Lutheran Family and Children's Services	100 Piper Hill Dr. St. Peters, MO 63376	Sliding Scale fee	(314) 787-5100
Center for Healing and Hope – Variety of specializations	608 Jefferson St, St. Charles, MO	Call for more Information	(636) 328-0878
Sonya Paramore, MA, LPC	1001 Boardwalk Springs Place Dr. Ste. 111 O'Fallon, MO 63368	Specializing in trauma, abuse, grief & loss	(314) 200-2800

Group Name	Location	Information	Contact
Provident Counseling All offices: (314) 533-8200 24 hour Crisis Line (314) 647-4357	Central City- Main Office 2560 Olive St. Suite. 2650 Saint Louis, MO 63103 (314).533.8230		
	South County 11222 Tesson Ferry Suite 100 St. Louis, MO 63123 (314).898.0102		
	West County 2370 Schuetz Rd. Maryland Heights, MO 63146 (314).898.0100		
	Illinois 5016 N. Illinois Suite A Fairview Heights, Il 62208 618.398.7250		